Friday, November 22, 2019 As we head toward the shortest week of the school year...

1. The 2019 **Fall Musical** is certainly proving to be one we'll remember for a long time. Congratulations to **Anita Levy-Sisk** and a supporting crew that includes **Alysia Campbell**, **Brian Cincotta**, **ElizaBeth Cloutier**, **Mike Doherty**, and **Rorie Malerbi**. Their dedication contributed immensely to a show that not only entertained the entire community but also delivered an incredible learning experience for every participant.

2. Kudos to **Stacey Turner** for taking the initiative to set up a morning coffee with **Dr. Paul Austin** next month. In the meantime, if you'd like to learn more about our new superintendent, check out <u>this profile</u> in the Anchor's new "Humans of Hingham" section.

3. Last week we celebrated the teachers' second straight victory in the annual student-faculty field hockey game. This week, we better understand one of the reasons for that success. On Sunday, **Lora Malerbi** will be inducted into the **Dedham High School Athletic Hall of Fame** for field hockey. Lora played left defense for two state championship teams and, as a senior, led her team through a phenomenal 23-0-1 campaign. My favorite Spanish word ("Estupendo!") definitely applies in this case.

4. Here's the very best news of the week: **Ben Louchheim** and his wife are expecting their second child on December 10th. How's that for an early Christmas present!

5. A recent <u>Edutopia article</u> cites research about "**late October to Thanksgiving break**" being "the **hardest stretch of the school year**" for teachers. So take heart: Only three more days, and then it's all downhill! Hang in there...and check out the article for some good self-care tips.

Have a great weekend, everybody, and remember to take care of yourselves!

Rick Swanson Principal Hingham High School