

**Friday, September 6, 2019**

**A few thoughts for this first Friday of the school year...**

1. Thanks to the thoughtfulness and generosity of our friends and neighbors at the South Shore Baptist Church on Main Street, please enjoy some **breakfast treats this morning** in Room 186.
2. Our thoughts and best wishes are with **Livvy Kates** as she gears up to run, bike and swim a combined 70.3 miles at the [Ironman World Championship in Nice, France](#), tomorrow. She's making HHS proud, just as she does in the classroom every day!
3. Don't forget to mark your calendar for the first-ever district-wide **tailgate party** on Friday, September 20th, 4-7 PM. And let's take home the \$250 prize for the Hingham school with the best rate of attendance.
4. HHS got some [good press in the Sunday Globe](#) last weekend. And the best part about HHS receiving the prestigious **Ames Award**? It reveals a truth about our school that transcends athletics: Inspired by outstanding teachers and coaches, our students learn what it means to strive for excellence. This (more than any count of victories on playing fields) is the standard by which our success should be measured.
5. If you have three and a half minutes to spare, here's the [movie clip](#) I referenced in the closing remarks at the faculty meeting last week. As we wrap up a successful first week of school, I remain hugely grateful that I **GET** to work alongside all of you in making HHS the best place it can be.

Have a great weekend!

**Rick Swanson**  
**Principal**  
**Hingham High School**