

Dear Student-Athletes and Parents,

The athletic registration is now open via your Aspen X2 account. Please take a minute to register for the sports that you would like to play during the 2022-2023 school year. To be eligible to tryout for fall sports, this must be completed by August 12th. Also, user fees are due at this time (\$325 for everyone but dance team and crew, those fees are paid directly to those programs. There is an additional \$100 fee to participate in ice hockey during the winter season. User Fees can be paid online using Unibank (link can be found under the Athletics tab on the HHS main webpage, or you can write a check made out to Hingham Public Schools and submit to the Athletics office post dated to September 12th. You must also have a valid physical on file with **the athletic department** by August 12th. Physicals are valid for 13 months.

Please be aware of the following dates:

August 12th - Deadline for submitting the following:

- Register for sports
- User Fee Submitted - either via a check or online
- Valid physical – submit to HHS via main office drop box or mail

August 10th and August 15th - Impact Test given to all freshmen, juniors and new students who would like to play a fall sport. This will be given in the Language Lab at HHS. (Impact testing only needs to occur once every two years, usually during your 9th and 11th grade years)

8:00 – 10:00 a.m.

August 22nd 7:00 pm. - Fall Sports Meet the Coaches Night. This meeting is mandatory for all fall athletes and a parent. It will be held in the HHS Auditorium.

DIRECTIONS FOR ATHLETIC REGISTRATIONS

All students MUST register using Aspen/X2 by August 12th to play a fall sport. You may sign-up for the entire year. If you change your mind about a sport that you signed-up for, please notify the athletic office of your change.

(mholler@hinghamschools.org)

Directions for registering for Athletics on the Aspen/X2 Portal

1. Log into your portal account
2. Go to the **My Info** Top Tab
3. Click on **Reports - High School Athletics Signup**
4. Select **each sport** you plan on playing by season (depending on season, there may be add'l pages of offerings, please click the down arrow to proceed to the next page of offerings.
5. Acknowledge that you have taken the online **concussion screening** course by selecting "**Yes.**"
6. Type in **your name** for your electronic **signature**
7. Select "Yes" or "No" regarding **traumatic head injuries**
8. Select "Yes" or "No" regarding **concussions**

9. Give **dates** for head injuries and concussions, *if applicable*
10. Select “Yes” or “No” if you require an **EPI-PEN or inhaler**
11. Select “Yes” or “No” after reading the **Permission Statement**
12. Again type in **your name** for your electronic **signature**
13. Select **Adobe Acrobat** for the Format
14. Click on the **RUN** button in the bottom left hand corner

If you need assistance, please contact Maryellen Holler at mholler@hinghamschools.org.

Enjoy the rest of the summer!