



THE
HINGHAM HIGH SCHOOL
NEWSLETTER

PRINCIPAL SWANSON IS ON X! @RSWANSONHINGHAM



JANUARY 5, 2024

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During the first week of the new year...

- Students were dismissed early on Wednesday so teachers could spend the afternoon in departmental workshops.
- Aradhana Sood won the Photo of the Week award, her fifth.

Looking ahead...

- Ninth Grade Advisory groups will meet during the second half of E Block this afternoon.
- [Kate Gladdin](#), a noted expert on teen resiliency, will speak to all HHS students at assemblies on Wednesday 1/10. We are grateful to [Hingham CARES](#) and the [HHS PTO](#) for sponsoring this event.
- The high school's small musical ensembles will deliver a concert at HMS on Thursday 1/11 at 7 PM.

A few other announcements:

- [Registration remains open](#) for the preschool operated by HHS students in our Child Development program.
- Due to privacy concerns, cell phone use will no longer be permitted in the HHS nurses' office.
- In a pre-recorded [message](#) that was broadcast on the weekly *Friday Show* this morning, I shared a few security-related updates that have emerged from a regular review of security protocols. The revisions include:
 - Localized alarms were installed on all exterior doors last week and will be activated on Monday 1/8. The purpose of the alarms is to reinforce a longstanding security protocol, which is that everybody should enter the building through a main entrance.
 - At the end of the school day, students may continue to exit the building through any door, since the new alarms will be deactivated for dismissal every day. However, at all other times, those doors should be used only for emergency purposes.
 - Before school, the main door at Union Street will be unlocked from 7- 8 AM only. Students who enter the building prior to the arrival of the first bus (i.e., between 7 and approximately 7:25 AM) will have to sign in at a table in the main lobby.

- The door at Pleasant Street will be unlocked from 7:45 - 8 AM only. At all other times (except for nurse dismissals) students and other visitors should enter the building at Union Street.

As I explained in my message this morning, "our collective safety depends on a shared commitment to following the security procedures we have in place. These changes require all of us to surrender some convenience, but the tradeoff is worthwhile, since the result is greater security for our school and everybody in it."

Finally, here's a message, shared in previous newsletters, that bears repeating in the new year:

Youth mental health is a topic of utmost importance, and we believe that by working together, we can create a supportive environment where our children can thrive.

As we start a new year, we want to remind you of the invaluable resources available to our community.

- [Aspire Health Alliance](#) To Make an appointment 617.847.1914 In a Crisis 800.528.4890
- [Quincy Family Resource Center](#) 617.481.7227
- [Plymouth Family Resource Center](#) 774.283.6531 aarcuri@baystatecs.org
- [South Shore Coalition of Independent Therapists](#) Find a licensed mental health provider near you
- [The Baker Center for Children and Families](#) 617.232.8390
- [Boston Child Study Center](#) 617.800.9610

In addition, Care Solace offers mental health care coordination services and can help connect you and your child with appropriate community-based providers. Whether it's counseling, therapy, or other mental health services, Care Solace can assist you in finding the support your family may need. To access Care Solace's coordination services, simply reach out using the following options: Call 888-515-0595: Their multilingual helpline is staffed 24/7/365.

Visit www.caresolace.com/hinghamschools: On their website, you can explore mental health providers independently or click "Book Appointment" for personalized assistance through video chat, email, or phone.

By joining hands and working together as a community, we can provide a nurturing and inclusive environment that supports the mental health and well-being of our youth. Let's continue to prioritize their emotional growth, and together, we can create a brighter future for our children.

The [full school calendar](#) can always be viewed on the HHS website. Look for details on the [website](#) and in our [weekly PTO newsletter](#).

Happy New Year!

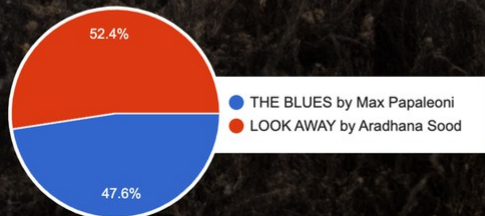
Principal Swanson

HINGHAM HIGH SCHOOL PHOTO OF THE WEEK

CANDID MOMENTS

ARADHANA SOOD has won the Photo of the Week for the theme **"CANDID MOMENTS."**

This is ARADHANA'S 5th overall win.



HINGHAM

HIGH PreSCHOOL

CHILD
DEVELOPMENT
PROGRAM

**17 TEACHERS to
15 PRESCHOOLERS**

Ages 3 & 4
\$350 Tuition

Mon./Wed./Fri.
8:15 - 11:45

10-Week Program:
3/4/24 - 4/20/24



REGISTRATION IS HAPPENING NOW!
781-741-1560 ext. 2098
jmathews@hinghamschools.org

We provide high-quality child care and education.



SOUTH SHORE CHILDREN'S CHORUS



NEW SINGERS WELCOME IN JANUARY!!!
Rehearsals begin the last week of January for new singers to join us in grades K-12 at our four convenient locations. All programs are **audition-free** and tuition assistance is available for those who apply.

SSCCHORUS.ORG

FRI	JAN 05 HPS ART DISPLAY HINGHAM PUBLIC LIBRARY ALL MONTH!	FRI	JAN 05 SE SENIOR DISTRICT MUSIC FESTIVAL	SAT	JAN 06 SE SENIOR DISTRICT MUSIC FESTIVAL
TUES	JAN 09 COLLEGE SEARCH PROCESS PARENT/STUDENT EVENING	WED	JAN 10 TEEN RESILIENCY ASSEMBLY 10 A.M. - 1:30 P.M.	WED	JAN 11 SMALL ENSEMBLE CONCERT 7 - 9 P.M. HMS AUDITORIUM

JANUARY SPORTS CALENDAR



WWW.HINGHAMSCHOOLS.ORG



Mr. Swanson
Principal

