

# COVID-19

## GUIDANCE

### GENERAL GUIDANCE

- Routine mask wearing is not required, except in the school health room
- Those who choose to wear a mask will be supported in that decision
- No more contact tracing
- No more test-and-stay program in schools

### EXPOSURE GUIDANCE (FOR UNVACCINATED & VACCINATED INDIVIDUALS)

#### If exposed to COVID-19:

#### 1. Asymptomatic: (no symptoms)

- a. No quarantine needed
- b. Mask through 10th day
- c. Testing on day 6 after last exposure is recommended

#### 2. Symptomatic: (symptoms)

- a. If mild symptoms and COVID test is negative may return to school
- b. Continue to mask through 10th day

### ISOLATION GUIDANCE

#### If test POSITIVE for COVID-19:

- a. Isolate for 5 days
- b. Return to school on day 6 if fever free for 24 hours without fever reducing medicine & symptoms have improved
- c. Mask through day 10 unless Covid test is negative on Day 5 or later
- d. No negative test is needed to return to school

#### To calculate days for isolation:

Day 0 = 1st day of symptoms OR day of positive test, whichever was first.

For inquiries and  
concerns  
please call your school nurse