

School Counseling at Hingham High School

9th Grade Parent Night - Welcome!

Counselor Caseloads-Class of 2027

A-Chisholm

Ms. Turner

Christofferson-F

Ms. Gawel

G-Kiley

Ms. Krall

Klein-McLaughlin

Ms. McPeck

McManus-Safarik

Mr. Cimmino

Salerno-V

Ms. Hart

W-Z

Ms. Savery



The Role of the School Counselor

Establishing Connections

Academic Counseling

College and Career Planning

Social Emotional Counseling

Confidentiality



Role of Student

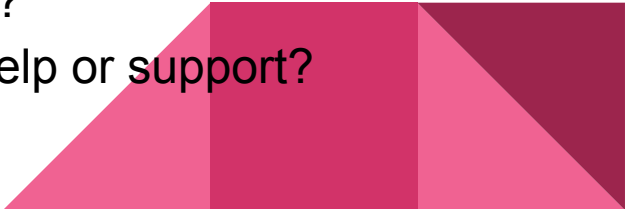
Become a Self-Advocate - Ask For Help

Homework and academic expectations



Role of Student

What's on their minds as they enter high school?

- How much homework there is a night?
 - How important are first impressions with teachers?
 - Are there a lot more long term assignments, projects, and essays?
 - Are the expectations that much different at HHS than at HMS?
 - What academic supports are available if I start to struggle?
 - Am I going to get lost in the building?
 - Will I figure out the drop schedule quickly enough?
 - Who can they talk to when they need academic help or support?
 - How many quizzes/tests a day could there be?
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WHO'S WHO?

Principal: Mr. Swanson

Assistant Principals: Mrs. Nosek & Mrs. Piantes

Director of School Counseling : Mrs. Rodriguez

School Counselors: Mrs. Turner, Ms. Gawel, Mrs. Krall, Mrs. McPeck, Mr. Cimmino, Mrs. Hart, Mrs. Savery

Adjustment Counselors: Mr. Lalli & Mrs. Houget

School Counseling Secretary: Mrs. Stanley



Academic Support:

Homework Club Mondays from 6:30-8:30 PM in the LMC

Interested students should sign up with Ms. O'Connor in Room 289 or email her at

coconnor@hinghamschools.org.

Peer Tutoring Program -Peer Tutors are located in the Counseling Area- students can ask their counselors to assist them with this process.

Extra Help with Teachers-Teachers are available before and after school. Students can email teachers to make appointments.

National Honor Society Tutoring-

<https://hinghamschools.org/hingham-high-school/departments-programs/national-honor-society>

ROLE OF PARENT

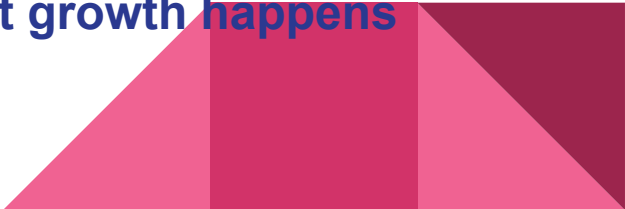
Daily Notices - great way to stay in the know (HHS website, tab is News, scroll to the bottom)

Aspen - stay informed of grades, periodically

Attendance

Email teachers directly, reach out if you have concerns

Being ok with some discomfort whether it's academic, extracurricular, athletic, personal, social - we want to teach resilience and coping skills - important that we all stay the course - where the most growth happens



Get Involved-It's All About Balance

Clubs, Activities, Athletics...[Get Involved-explore](#)

[Do Your Homework](#)

[Meet Your School Counselor](#)

[Every Year Counts](#)

[Have Fun!](#)



The Seminar Program

Serves as an introduction to School Counseling and College and Career Readiness

Introduction to our college and career Naviance program where students will complete personality and learning assessments


Time management and study skill tips

Students given an overview of supports and how to access those services

Google Classroom that is grade specific



Supports

- SCHOOL COUNSELORS
 - ADJUSTMENT COUNSELORS
 - Kevin Lalli
 - Jessica Hoguet
 - COUNSELING CURRICULUM
 - TRANSITION ROOM
 - GUEST SPEAKERS (PE & HEALTH CLASSES)
 - ASSEMBLIES (E.G., HINGHAM CARES DAY)
 - CLUBS (BREATHE OUT, MINDFULNESS, *ET AL*)
 - MENTORING & NINTH-GRADE TRANSITION
 - STAFF TRAINING (NAN PROJECT, SAFE SCHOOLS)
 - COMFORT DOG
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Supports

Adjustment Counseling:

The School Adjustment Counselor works to promote the social-emotional well being of students. Often students who have a difficult time adjusting to the high school, or are experiencing social or emotional upset will see the school adjustment counselor to insure that they can build skills and strategies to better access the curriculum and to prevent barriers to learning. The school adjustment counselor can also provide referrals to outside community services so ongoing therapeutic relationships can be established and maintained when necessary.

Transition Room:

Short term service for students returning to HHS after an extended absence due to illness, injury or hospitalization. The goal is to provide structure, organization and communication for the student and teachers in creating a plan to transition back to a normal schedule.

Social Emotional Website:

<https://hinghamschools.org/hingham-high-school/resources/social-emotional-wellness/>



Supports



aspire health
alliance

State Designated
Community Behavioral Health Center



care
solace.

Calming the Chaos of
Mental Health Care



HINGHAM 
EDUCATION FOUNDATION

The 
NAN Project
Saving Lives and Healing Families



Hingham
HIGH SCHOOL PTO

OPEN TO QUESTIONS

