

# Exploring Life After High School

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Steps for Making Post-Secondary Plans

# Where do we begin?

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Think about your options.

Are you college bound, or are you exploring a career or trade?

We want you to be prepared for whichever path you choose.

# Junior Year Offerings

January &  
February

School Counselors will be hosting Junior Seminars to assist students with continuing the college admissions process and/or determining the next steps in your educational path.

March

School Counselors will be hosting the Career Exploration Event. Students can explore multiple career areas and hear from local professionals in a variety of trades and disciplines.

Late Spring

All grades are invited to attend the Job & Volunteer fair. It's an opportunity for students to connect with local businesses seeking summer or part-time employees and/or volunteer opportunities..

# Naviance

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## 1. **Research Colleges & Careers**

Based on criteria that interests you: Sense of community, fit, major, location, size, education needed, training needed, etc.

## 2. **Add Colleges to “Colleges I am Thinking About”**

Start a list for college exploration.

## 3. **Explore the Resume Builder**

# Your College List

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## Should be balanced:

- 2 - 3 colleges should be a REACH
- 3 - 4 colleges should be in your TARGET
- 2 - 3 colleges should be a SAFETY

## Go visit:

- The spring is a great time to visit colleges- sign up for information sessions and tours on the college website
- Great way to determine fit
- Each student gets THREE exempt visit days

# SAT & ACT

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## Traditional Timeline

- October: Take the PSAT-JUNIOR YEAR
- Fall/Winter: Prep for SAT or ACT
- Spring: Take the SAT or ACT
- Spring/Summer: Second SAT or ACT

## Test Optional?

How do I decide whether to submit test scores?

Is your score at or above the mid-50% average for that college?

Check out this website to view all the colleges that are test optional: [FAIRTEST.ORG](https://www.fairtest.org)

# Coming up...

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- **HHS Career Exploration Event**  
March 12, 2024 at 2:45 pm
- **HHS College Admissions Panel**  
March 26, 2024 at 6:30 pm
- **MEFA College Admissions Webinar**  
January 17, 2024 [Register Here](#); multiple additional dates
- **College Essay Workshops**  
May & June 2024 - dates to be announced

# HHS Resources

## Job Board

Take a moment to explore the job board located outside of the counseling office.

## Forms

If you plan to apply to colleges in the fall complete these by June 1:

[STUDENT QUESTIONNAIRE](#)  
[PARENT INFORMATION SHEET](#)  
[ACTIVITY SHEET](#)

## Working Papers

Students between the ages of 14-17 must obtain a permit to work. You can get this through the school counseling office.

[YOUTH PERMIT PROCESS](#)



# Additional Resources & Websites

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1. [Commonapp.org](https://www.commonapp.org)
2. [Masshire South Shore Career Center](https://www.mass.gov/info-details/masshire-south-shore-career-center)
3. [Collegeboard.org](https://collegeboard.org)
4. [ACT.org](https://www.act.org)
5. [Federal Student Aid \(FAFSA\)](https://www.fafsa.gov)
6. [MEFA.org](https://www.meфа.org)
7. Junior Seminar Google Classroom code: 6t55jq6

# Questions?

Your counselors are here to help!

