### **OUR MISSION**

The Transition Program works as an integrated component of a multi-disciplinary approach to student wellness that includes teachers, school counselors, adjustment counselors, school psychologists, and community-based service providers.

Hingham High School is committed to educating all students. To do so, we must support students who have been unable to attend school regularly by providing structures that ensure a successful return to the mainstream classroom. These students need a focused and supportive transition program to assist them with academic and social re-entry into daily school life.

Transition programs across Massachusetts have proven highly successful. Schools with transition programs report significantly improved academic performance and emotional and social functioning as well as reduced rehospitalizations, absenteeism, and recidivism. Moreover, transition programs have demonstrated significant cost savings to their districts by reducing out of school placements.

# TRANSITION PROGRAM

AT HINGHAM HIGH SCHOOL

#### **ROOM 112**

HINGHAM HIGH SCHOOL 17 UNION STREET HINGHAM, MA 02043

781-741-1560

# TRANSITION PROGRAM

AT HINGHAM HIGH SCHOOL



AS THEY TRANSITION
BACK TO SCHOOL

## WHAT IS THE TRANSITION PROGRAM?

The Transition Program is a shortterm service for students returning to Hingham High School after an extended absence due to illness or hospitalization.

The Transition Program helps students and their families with re-entry and reintegration to school by supporting their academic, social and emotional needs. Tailored to the individual's unique set of needs as he or she transitions to a full schedule, program participation usually lasts up to eight weeks.

The goal is to facilitate a seamless and manageable reentry that supports students and families, minimizes stress, and encourages academic and social success at school.

#### **HOW WE HELP**



Re-entry to school can be overwhelming for a student who has faced an extended absence, especially after managing significant medical or mental health issues.

The Transition Program Coordinator acts as part of the integrated counseling team to:

- Provide support in preparation for returning to a full class schedule;
- Act as a liaison with teachers and other support services at the school;
- Help improve and stabilize attendance and academic performance;
- Offer a supportive learning environment;
- Encourage resilience and coping skills;
- Provide crisis support for students who are struggling, and;
- Communicate with and provide referrals for outside treatment providers.

## FREQUENTLY ASKED QUESTIONS

In the event that my child is hospitalized, what is the process for returning to school?

Upon hospitalization, please contact your son or daughter's school counselor or the school adjustment counselor as soon as possible to discuss a plan for returning to school. Whether the Transition Program is a good fit for your son or daughter can be discussed at that time. Per school policy, you and your child need to attend a re-entry meeting at school when he or she returns.

Will confidentiality be maintained?
School personnel, including the student's teachers, school counselor, nursing staff, and adjustment counselor (where appropriate) are made aware of the family's decision to participate in the Transition Program; however, details regarding the student's absence from school are kept confidential.

Whom can I speak with further about the Transition Program?
If you have questions about the program, contact Kevin Lalli, School Adjustment Counselor at klalli@hinghamschools.com.